



“Open yourself up to a brilliant new way of living!”
—Oprah

THE OPR
MAGAZI

Your Breakthrough is on its way!

How to Move Past What's Holding You Back

Blueberry Sugar-Cookie Crisp Recipe!

You're welcome, America

9 Secrets to Getting Healthy in a Hurry

It's easier than you think

THE DENIM DIET

Lose pounds just by putting on these jeans

The O Interview

Oprah talks life, love, and underwear with Helen Mirren

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OPRAH.COM



YOUR NEW BOYFRIEND (JEAN)

The latest news on this breezy style? There are **two new ways to wear it**, and they're more flattering than the super-baggy versions of seasons past. The first (*below left*) is a traditional men's-cut jean that's perfect for the weekend, while the second has a bit of slouch through the seat and thighs, but a slim fit on the bottom. Whether you play the field or commit to one boyfriend is up to you.

RELAXED



LAURA TAFT PAULSEN, 51
Arts patron, North Carolina's Penland School of Crafts, an immersion school for artists.
JEANS, MiH, \$225;
mih-jeans.com



JODIE PATTERSON, 43
Cofounder and chief creative officer of beauty site DooBop.
JEANS, AG Jeans, \$205;
agjeans.com

TAPERED



TOP, Lemlem, \$175;
accompanyus.com

BAG, Stella McCartney, \$895;
bloomingdales.com

WATCH, \$225;
citizenwatch.com

JEANS, J Brand, \$216;
nordstrom.com. **SHOES, \$65;**
converse.com



TOP AND JACKET, \$395 and \$495;
toryburch.com

BAG, originally \$85, now 20 percent off with code OPRAH;
emiliemshop.com

CUFFS, \$40 to \$50 each;
anntaylor.com

JEANS, \$198;
eileenfisher.com

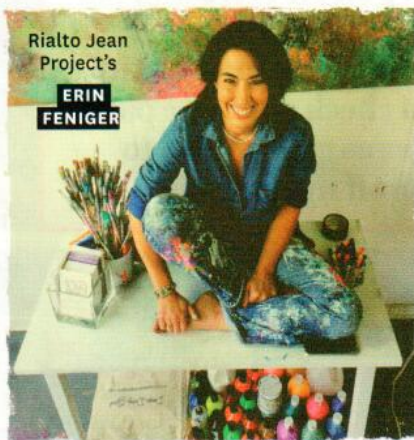
SHOES, SJP, \$485;
nordstrom.com/sjp

"This outfit is fun and unpretentious. I love the Chuck Taylors, but you could also dress the jeans up with a silk top and heels." —LAURA

"These jeans made my butt look good because they're fitted, which is hard to find in the boyfriend style. And the denim shirt is supersoft and light." —JODIE

CRAZY FOR IT!

When I met Erin Feniger, creative director and founder of the Rialto Jean Project in L.A., I fell in love with the **artful designs** she and her team **hand-paint on vintage Levi's** and other brands. I guarantee people will stop and ask where you got them—these jeans are an instant conversation starter. Pair them with a blazer and heels for a messy-fancy look. Bonus: A portion of the proceeds benefit the art therapy program at Children's Hospital Los Angeles. \$200 each; rialtojeanproject.com



Rialto Jean Project's **ERIN FENIGER**

For details see Shop Guide.

TREND ALERT

Denim Pencil Skirts

These sleek pieces are miles away from their faded country cousins.

GREAT BUY!		
WEEKEND	WORK	DATE NIGHT
PAIR WITH: A tee and flats. Dittos, \$59; lordandtaylor.com	PAIR WITH: A blazer and pumps. McGuire, \$180; revolveclothing.com	PAIR WITH: A cami and strappy sandals. MiH Jeans, \$220; mih-jeans.com